

33. Bönener Lauf - 3. Lauf am Förderturm

14. Januar 2018

10 km Walking / Nordic Walking

| Zeit | Name | Vorname | Verein | Jg. | St.-Nr. |
|----------|---------------|-----------|-------------------------------|------|---------|
| 01:29:45 | Altmeyer | Regina | | 1962 | 730 |
| 01:22:15 | Bastert | Brigitte | LWT Unna | 1959 | 709 |
| 01:29:25 | Breuing | Benjamin | LA Hamm | 1985 | 707 |
| 01:29:24 | Breuing | Nicole | LA Hamm | 1985 | 708 |
| 01:29:44 | Dada | Christine | | 1956 | 731 |
| 01:28:14 | Ebel | Claudia | TLV Rünthe | 1974 | 718 |
| 01:12:01 | Ernst | Christian | DJK Preussen 1911 Bochum e.V. | 1970 | 425 |
| 01:26:14 | Feige | Jeannette | Hamm | 1966 | 474 |
| 01:30:59 | Firnrohr | Michaela | TLV Rünthe | 1968 | 719 |
| 01:28:57 | Gamon | Birgit | NW Werl | 1979 | 467 |
| 01:18:57 | Gommen | Bernd | N.-W. Hobbygruppe Ahlen | 1946 | 714 |
| 01:24:22 | Grasse | Johannes | SV Frömern | 1936 | 716 |
| 01:26:15 | Gülde | Pia | Fröndenber | 1966 | 703 |
| 01:24:45 | Gusko | Heike | DJK Preussen 1911 Bochum e.V. | 1961 | 422 |
| 01:12:36 | Gusko | Waldemar | DJK Preussen 1911 Bochum e.V. | 1961 | 423 |
| 01:15:04 | Hardt | Cornelia | DJK Preussen 1911 Bochum e.V. | 1954 | 424 |
| 01:18:19 | Heckmann | Edgar | LWT Unna | 1958 | 710 |
| 01:26:30 | Heinze | Britta | Marl | 1967 | 712 |
| 01:13:34 | Heinze | Ralf | Marl | 1967 | 711 |
| 01:07:35 | Hennes | Christian | JC Welper | 1964 | 705 |
| 01:11:27 | Hoffmann | Thomas | AS Neukirchen-Vluyn | 1973 | 701 |
| 01:28:44 | Hunecke | Annemarie | Auszeit für die Seele e.V. | 1952 | 799 |
| 01:31:00 | Kaiser | Dieter | Lauffreunde Bönen 1985 e.V. | 1959 | 800 |
| 01:24:47 | Krause | Ulrich | Rehasport Menden PZM | 1956 | 421 |
| 01:20:01 | Krueger | Heike | Methler | 1966 | 713 |
| 01:14:22 | Loch | Manfred | SV Stockum | 1949 | 717 |
| 01:22:07 | Löffler | Norbert | SC Neuengeseke | 1944 | 715 |
| 01:22:18 | Luig | Renate | TLV Rünthe | 1955 | 720 |
| 01:18:51 | Niggemann | Theo | TLV Rünthe | 1953 | 721 |
| 01:30:58 | Oppitz | Manuela | TLV Rünthe | 1969 | 722 |
| 01:13:39 | Peter | Ronald | HLG 98 Wuppertal | 1960 | 704 |
| 01:22:50 | Pilo | Giacomo | TLV Rünthe | 1942 | 723 |
| 01:19:45 | Röhr | Peter | | 1967 | 733 |
| 01:26:41 | Roth | Gabi | Lev-Aktiv | 1973 | 426 |
| 01:24:13 | Rückriem | Sandra | DJK Preussen 1911 Bochum e.V. | 1974 | 777 |
| 01:28:56 | Schulze-Allen | Birgit | NW Werl | 1967 | 468 |
| 01:23:51 | Stellmach | Christine | | 1962 | 469 |
| 01:29:44 | Uhlot | Anita | | 1962 | 734 |
| 01:28:19 | Waning | Peter | Vreden | 1958 | 727 |
| 01:18:25 | Weis | Angelika | Kamen | 1965 | 706 |
| 01:18:08 | Weistermann | Gerhard | | 1953 | 466 |
| 01:18:58 | Willhöft | Andreas | VfB Fun Walker | 1967 | 726 |
| 01:14:36 | Ziolkowski | Grazyna | Welper | 1962 | 728 |
| 01:11:03 | Ziolkowski | Zenon | Welper | 1962 | 729 |
| 01:26:16 | Zscheschang | Frank | TVE Lünern/Stockum e.V. | 1949 | 724 |